



**Inclusive Fitness
Initiative**

Newsletter - September 2008



IFI Awards 2008

The Inclusive Fitness Initiative (IFI) is hosting an annual Awards Dinner on Wednesday 10th December 2008 at The ICC, Birmingham. The event, sponsored by Cybex, will recognise and reward IFI accredited facilities in developing inclusive physical activity for disabled people.

[Click here to read more](#)

See us at:



LEISURE INDUSTRY WEEK
23-25 Sept 2008 NEC Birmingham UK

Leisure Industry Week

Are you attending Leisure Industry Week this year? The Inclusive Fitness Initiative are exhibiting with our Inclusive Fitness Zone at stands 8160 and 8204.

[Click here to read more](#)



Inclusive Taster Day

The Festival Hall Leisure Centre is hosting a taster day on Tuesday 7th October 2008. The IFI accredited facility welcomes everyone to 'have a go' at an array of inclusive activities.

[Click here to read more](#)



IFI Forms CPD Partnership with ISRM

The IFI Seminar Programme, sponsored by Cybex is now offering even more support to the fitness and leisure sector. As well as providing educational events to ensure principles of inclusion are incorporated through all business practices, the IFI have collaborated with ISRM to offer CPD points to all ISRM members attending the seminars.

[Click here to read more](#)



[Challenge Carla - The Muscle Warrior!](#)

The IFI has its very own Muscle Warrior - in the form of East Regional Inclusive Activator, Carla Raven!

Carla is participating in the **Grim Challenge 2008** - an extreme (and seriously fun!) 8 mile off road adventure taking place near Aldershot on terrain used for testing big army vehicles.

[Click here to read more](#)



[Case Study of the Month](#)

Sporting Edge at Edge Hill University, the first IFI accredited facility in the NSF Programme in the North West, has helped Sam Formby transform his life.

[Click here to read more](#)



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