



Fitness First Commits to Inclusion

The UK's largest commercial fitness operator Fitness First has signalled its determination to include disabled people by committing 24 of their facilities to become accredited through the Inclusive Fitness Initiative's (IFI) National Sports Foundation (NSF) Programme.

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IFI and A4e Launch Unique Partnership

The Inclusive Fitness Initiative (IFI) and Action For Employment (A4e) launched a unique partnership on 17th March to support people in receipt of incapacity benefit become more physically active, increasing their chances of gaining and sustaining employment.

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IFI 2008-2009 Seminars Conclude

The IFI seminar programme in association with Cybex for 2008-2009 completed its 15th seminar last Thursday at Danes Camp Leisure Centre, Northampton. The programme, designed to bring together IFI and non-IFI accredited facilities for a day to learn more and exchange new ideas, has been operating since May 2008.

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[The National Skills Academy Teams up with IFI](#)

The National Skills Academy have demonstrated their commitment to inclusion by teaming up with the IFI and introducing a standard requirement amongst all health and fitness organisations associated to the network. All new and existing Centres of Excellence and Academy Providers that have fitness suites which are utilised to accredit health and fitness training courses must have either already achieved the IFI Mark or be able to demonstrate that they are working with the IFI to gain this accreditation.



[Activity Day "Enables" New Opportunities](#)

On Wednesday 18th March 2009, Danes Camp Leisure Centre in Northampton facilitated Enable; a free activity day for people affected by neurological conditions. This event was developed in partnership between the Inclusive Fitness Initiative (IFI) and MS Society to tackle some of the barriers faced by people affected by neurological conditions when accessing physical activity opportunities.

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