



# Inclusive Fitness Initiative Equipment Standards - Stage 2 'Accredited Items 2007 - 2010'

## Guide to purchasing IFI Accredited Equipment

- Based upon six years of practical experience and development, the IFI implemented its Equipment Standards - Stage 2 on 1<sup>st</sup> October 2007 (published May 2006). These Standards can be referenced in full on the IFI website [http://www.inclusivefitness.org/images/categories/Stage\\_Two\\_Standards\\_Ed2\\_-\\_05.06.pdf](http://www.inclusivefitness.org/images/categories/Stage_Two_Standards_Ed2_-_05.06.pdf)
- These standards are set to meet the needs of disabled people. Fitness equipment designers and manufacturers are to be congratulated on responding to these needs and providing equipment that reflects good inclusive design.
- For fitness equipment purchased after 1<sup>st</sup> October 2007, the IFI now only recognises equipment accredited against the IFI Equipment Standards – Stage 2. These products are identified as '**IFI Accredited Items 2007 – 2010**'.
- The full list of current IFI Accredited Items 2007 – 2010, can be found at <http://www.inclusivefitness.org/inclusive-fitness-initiative/inclusive-fitness-equipment/accredited-equipment/>
- The IFI website also includes a section with photographs and details of the inclusive features of all the IFI Accredited Items 2007 – 2010 to support purchasers to assess these features across suppliers.
- When considering purchasing new fitness equipment, the IFI recommends that tender documents should clearly state that IFI Accredited Items 2007 – 2010 are required to ensure that the best current accessible and inclusive fitness equipment is installed.
- Purchasers should consider using one of the following paragraphs (dependent on your aspirations) within tender documents which will ensure that purchasers facilities meet IFI Mark Standards and can offer a full body work out to disabled customers. An example of the Accredited Item logo and the Certificate of Accreditation referred to within the 'Recommended Tender Content' can be found in Appendix 1.
- Details of the IFI Mark standards for facilities an service provision can be found at <http://www.inclusivefitness.org/inclusive-fitness-mark/background/>

### **Recommended Tender Content – IFI Mark Provisional Level**

“xx (organisation) is committed to providing an equitable service to all its clients. To meet the needs of our disabled customers, the range of equipment submitted in response to this tender must be accredited by the Inclusive Fitness Initiative (IFI) and meet the current IFI Equipment Standards – Stage 2. Within the tender the following ‘IFI Accredited Items 2007 – 2010’ must be included:

- Treadmill
- Recumbent bike or upright bike
- Upper body ergometer
- Leg extension or leg press
- Leg curl
- Upper-body multi-function adjustable pulley or a range of upper body resistance equipment including chest press, row, shoulder press and lat pulldown or equivalent

A range of small equipment should also be available for use in the fitness suite. The IFI Accredited Items must be supplied with all the features required to achieve this accreditation, including any retrofitting. The supplier must also submit their IFI Certificate of Accreditation detailing their current IFI Accredited Items 2007 – 2010 as proof of compliance. Maintenance contracts quoted for within the tender must include the supply of replacement components to maintain the features of IFI Accredited Items.”

### **Recommended Tender Content – IFI Mark Registered Level**

“xx (organisation) is committed to providing an equitable service to all its clients. To meet the needs of our disabled customers, the range of equipment submitted in response to this tender must be accredited by the Inclusive Fitness Initiative (IFI) and meet the current IFI Equipment Standards – Stage 2. Within the tender the following ‘IFI Accredited Items 2007 – 2010’ must be included:

- 30% of treadmills (xx)
- 30% of recumbent bike and upright bike (xx)
- Upper body ergometer
- Leg extension or leg press
- Leg curl
- Upper-body multi-function adjustable pulley and or a range of upper body resistance equipment including chest press, row, shoulder press and lat pulldown or equivalent
- IFI Accredited Small Equipment Package

The IFI Accredited Items must be supplied with all the features required to achieve this accreditation, including any retrofitting. The supplier must also submit their IFI Certificate of Accreditation detailing their current IFI Accredited Items 2007 – 2010 as proof of compliance. Maintenance contracts quoted for within the tender must include the supply of replacement components to maintain the features of IFI Accredited Items.”

### **Recommended Tender Content – IFI Mark Excellent Level**

“xx (organisation) is committed to providing an equitable service to all its clients. To meet the needs of our disabled customers, the range of equipment submitted in response to this tender must be accredited by the Inclusive Fitness Initiative (IFI) and meet the current IFI Equipment Standards – Stage 2. Within the tender the following ‘IFI Accredited Items 2007 – 2010’ must be included:

- 100% of treadmills (xx)
- 100% of recumbent and upright bikes (xx)
- 1 – 4 accredited Upper Body Arm Ergometers (depending on the size of the facility)
- All relevant lower body equipment accredited
- Rowing machine and postural support seat
- A range of accredited upper body resistance equipment including at a minimum: Lat Pulldown, Chest Press, Row, Shoulder press (dependant on the size of the facility) and an accredited upper-body multi-function adjustable pulley
- IFI Accredited Small Equipment Package

The IFI Accredited Items must be supplied with all the features required to achieve this accreditation, including any retrofitting. The supplier must also submit their IFI Certificate of Accreditation detailing their current IFI Accredited Items 2007 – 2010 as proof of compliance. Maintenance contracts quoted for within the tender must include the supply of replacement components to maintain the features of IFI Accredited Items.”

Purchasers of IFI Accredited equipment are advised to contact the IFI Office for further advice as in the early phase of the IFI Equipment Standards - Stage 2 period IFI Accredited Items 2007 – 2010 are being added to the list on a daily basis. Contact 0114 257 2060 or email [info@inclusivefitness.org](mailto:info@inclusivefitness.org).

This document is available in alternative formats on request.

# Certificate of Accreditation



## Inclusive Fitness Initiative Equipment Standard-Stage Two

This is to certify that the following items of fitness equipment

**Treadmill – A1234**  
**Recumbent Bike – B1234**  
**Chest Press – C1234**

supplied by

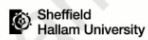
**A SUPPLIER**

have been accredited by the IFI to 30th September 2010

Signed:

IFI National Director

Certificate Number: **IFI2 - 1234**





**inclusive fitness  
accredited item  
2007-2010**