



Inclusive Fitness Initiative

Inclusive Fitness Week 11th-17th May 2009

The purpose of IFW is to bring together the Inclusive Fitness Initiative (IFI) and accredited Sites, focusing on introducing disabled people to local leisure and physical activity opportunities enabling them to become more active.

IFI accredited Sites across the country shall be holding inclusive events or activities during the week.

For further details please visit www.inclusivefitness.org or phone 0114 257 2060 (Textphone users add prefix 18001 for typetalk)

